Patient name: \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_ DOB: \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_

**Tuberculosis Medication**

**Pyridoxine (vitamin B6).** *(PIR-i-DOX-een)* **Take \_\_\_\_\_\_\_mg. every day.**

Possible Side Effects:

* If flushing occurs, avoid eating foods such as aged cheeses and meats, soy sauce, soy bean including paste, Miso soup, Italian green beans (fava beans), snow pea or broad bean pods, sauerkraut, kimchee, concentrated yeast extracts (marmite), wine, beer including alcohol-free beer.

**Rifampin \_\_\_\_\_\_mg.** *(rif-AM-pin)* **Take \_\_\_\_\_\_tabs every day.**

Possible Side Effects:

* Nausea, vomiting, loss of appetite
* Rash, itching, hives
* Fever, chills
* Dark urine
* Yellow skin or eyes
* Feeling weak, tired
* Stomach pains (moderate to severe)
* Sensitivity to light
* Bruising easily
* Orange staining of body fluids

Directions:

* Body fluids (tears, sweat, urine) will change to orange color & can stain clothing & bedding.
* Do not wear contact lenses as they will stain.
* Your skin may be more sensitive to the sun. Use sunscreen.

**Isoniazid \_\_\_\_\_\_mg.** (EYE-soe-NYE-a-zid) **Take \_\_\_\_\_\_ tabs every day.**

Possible Side Effects:

* Nausea, vomiting, loss of appetite
* Rash, itching, hives
* Fever, chills
* Dark urine
* Yellow skin or eyes
* Feeling weak, tired
* Stomach pains (moderate to severe)
* Numbness, pain or tingling in hands or feet
* Headaches, dizziness
* Changes in vision, trouble reading
* Diarrhea

**Ethambutol \_\_\_\_\_\_mg.** *(eth-AM-bue-tol)* **Take \_\_\_\_\_\_tabs every day.**

Possible Side Effects:

* Nausea, vomiting, loss of appetite
* Rash, itching, hives
* Fever, chills
* Dark urine
* Yellow skin or eyes
* Feeling weak, tired
* Stomach pains (moderate to severe)
* Headaches, dizziness
* Color blindness
* Changes in vision, trouble reading
* Pink eye (red eyes)

**Pyrazinamide \_\_\_\_\_\_mg.** *(pir-uh-ZIN-uh-mide)* **Take \_\_\_\_\_\_tabs every day.**

Possible Side Effects:

* Nausea, vomiting, loss of appetite
* Rash, itching, hives
* Fever, chills
* Dark urine
* Yellow skin or eyes
* Feeling weak, tired
* Sensitivity to sunlight
* Pain or swelling of big toe, ankle, or knee

Directions:

* Use sunscreen and cover up when you go outside.

**For all medications:**

* Some birth control methods may not work well. Use a backup method, such as condoms.
* Drinking alcohol or taking other medicines or drugs can increase your risk of side effects. Limit alcohol and drug use when taking these medications.

**NOTIFY YOUR DOCTOR AND THE NURSE IMMEDIATELY**:

* If you stop taking these medications for any reason.
* If you have any side effects when taking these medications.

Pulmonary/Infectious Disease Physician: \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_ Phone # \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_

\_\_\_\_\_\_\_\_ Health Department Nurse: \_\_\_\_\_\_\_\_\_\_\_ Phone # \_\_\_\_\_\_\_\_\_\_\_\_\_\_ Email: \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_

For serious reactions always call 9-1-1 FIRST!

Resources:

*Drugs.com—Prescription Drug Information*. (n.d.). Drugs.Com. Retrieved November 19, 2024, from <https://www.drugs.com/>